

### Introduction

This training course is designed to provide appointed and proposed health and safety representatives an overview of causes and effects of accidents, legal perspective, roles and functions of health and safety reps and health and safety committees, investigations and enquiries.

### Course Objective

To equip the candidates in the dynamics of:

- Recognising and dealing with hazards
- Interaction with the workplace environment
- Communication
- Recognising and correcting unsafe behaviours
- Safe behaviour reinforcement and acknowledgement
- Effective representation
- Reporting process
- Accident investigation process
- Inspections
- Task Observations

### Target Audience

Appointed and proposed health and safety representatives

### Course Content

- Legal aspects
- General duties of employers and employees
- Hazard identification and risk assessment
- Causes and effects of accidents and incidents
- Accident/ incident investigations
- Colour codes and symbolic signs
- Personal protective equipment

- Inspections
- Effective communication
- Health and safety committee
- Emergency preparedness

**Duration** - 2 Days

**Pre-Requisite** - None

Please [contact](#) Expectra for pricing on these courses