

First Aid Level 1

Objective:

The First Aider will be able respond to an emergency situation, prevent an emergency situation and provided with the basic knowledge of diagnose and treatment.

Content:

- Principles/ Emergency Scene Management
- Artificial Respiration
- One-rescuer CPR
- Choking
- Shock, unconsciousness & fainting
- Fractures
- Burns
- Head/ Spinal injuries

Duration: 2 Days

Ratio:

Min 10 Learners / Maximum 15 (Price based on 10)

Target Population:

Supervisors, Operators, First Aiders and Managers

First Aid Level 2

Objective:

To advance the level 1 First Aider.

Content:

Same as level 1 (more advanced) plus the following:

- Wounds & Bleeding
- Shock, unconsciousness & fainting
- Fractures
- Joint injuries & Rescue carries
- Chest, Hand & Eye Injuries
- Multiple injury management
- One and Two rescuer CPR
- Pelvic & Abdominal injuries
- Child & Infant resuscitation
- Environmental illnesses & injuries
- Poisoning, bites & stings
- Chest pain & paralysis
- Fits
- Management of foreign objects
- Elementary/ Applied anatomy and physiology
- Soft tissue injuries

Duration: 2.5 days

Ratio: Min 10 Learners / Maximum 15 (Price based on 10)

Target Population: Supervisors, operators, First Aiders and Managers

First Aid Level 3

Objective:

To advance the level 2 First Aider.

Content:

Same as level 2 (more advanced) plus the following:

- Specific fractures & threatened limb
- Breathlessness/skin reactions
- Crush injuries
- Emergency childbirth
- Ethics to emergency care
- Water accidents

Duration: 2 days

Ratio: Min. 10 Learners / Maximum 15 (Prices based on 10)

Target Population: Supervisors, operators, First Aiders and Managers.

Basic First Aid – SAQA ID 9965

Objective: Basic Response & Knowledge to diagnose and treat

Content: Choking, Burns, Bleeding & Shock

Duration: 1 day

Ratio: Min 10 Learners / Maximum 15 (Price based on 10)

Breathing Apparatus (B A SET)

Objective: To breathe in an atmosphere that will not support life.

Content: Introduction to set, Face piece, Points to remember , Checks before using
High/low pressure test

Duration: 1 Day - Min 10 Learners / Maximum 15 (Price based on 10 learners)

Target Population: Workmen required too perform specified work in certain conditions.

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